

Resources for Virtual Audiology

- Online hearing screening: <https://www.shoebox.md/products/shoebox-online/>
- Free Smart apps for hearing screening:

Name of the App	Type of Phone
uHear	iPhone
Mimi Hearing Test	iPhone
HearWHO	iPhone
Sound Check	iPhone
Play It Down	iPhone
Hearing-Check	iPhone
NOWiHEAR	Android
Test Your Hearing	Android
Ear Machine	iPhone
BioAid	iPhone
Hearscreen USA	Android

- **Amplification apps/devices other than hearing aids for mild to moderate hearing loss:**
 - Sound amplifier Apps/devices:
 - Airpod pro (a feature on apple devices IOS 14: Setting: Accessibility: Accommodation mode)
 - Chatable app
 - Sound amplifier app
 - Nuheara (Hearable device)
 - BOSS (Hearable device)
- **Smart Phone App Alerts:**
 - Sound recognition for IOS and Sound notification for Android (Setting: Accessibility)
 - Sound notification for Android
- **Auditory training program:** cLEAR (Customized Learning: Exercises for Aural Rehabilitation)
www.clearforears.com:
- **Tinnitus Management:**
 - Internet-based cognitive behavioral therapy: <https://hashirtinnitusclinic.com/icbt-for-tinnitus/>
 - Free sound and sleep apps:

Free Sound and Sleep Apps

With countless apps and little direction, it can be hard to figure out which sound and sleep apps might help with tinnitus and/or getting a good night's sleep. Below, you'll find the top picks of apps compiled by an audiologist with tinnitus. The list of free sound and sleep apps reflects her personal favorites, as well as apps suggested by her patients. The apps are available through Apple's App Store and under Google Play's App section. If you have a favorite app not listed, please let us know about it by emailing: editor@ata.org

Noise Monitoring



NIOSH Sound Level Meter

Sound Therapy



myNoise



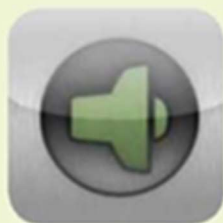
Oticon Tinnitus Sound



Relax Melodies



Resound Relief



Simply Noise



Starkey Relax



Whist — Tinnitus Relief



White Noise Lite

Sleep & Relaxation



Relax and Sleep



Sleep Bug



Calm



Tao Mix